

Bedfordshire, Luton and Milton Keynes

Integrated Care System

Central Brief: May 2019

Issue date: May 2019

News



Bedfordshire, Luton and Milton Keynes System Operating Plan 2019/20.

The Integrated Care System (ICS) Operating Plan for 2019/20 has been developed. This plan provides an overview of the action going on in our four places to improve health and wellbeing. It also highlights where we are working together on national priorities such as making health and care more personalised. And it identifies the need to make progress in a few areas (mental health, cancer and waiting times) where we could be doing better.

The plan complements the individual organisational plans of our partners. It will be underpinned by more detailed delivery plans to ensure the ambitions contained within it happen for the benefit of our population.

The plan also highlights the work that will be happening during the year to develop longer-term proposals, including conversations with the public and partners (see Engagement Discovery Day below).

Helping mental health service users back into work in Milton Keynes

Mental health service users in Milton Keynes will be helped back into the workplace from this summer thanks to a joint initiative involving Central and North West London NHS Foundation Trust (CNWL, who provide mental health and community services in Milton Keynes) and the ICS.

Three Individual Placement and Support (IPS) workers will be based at two clinics in Milton Keynes to help clients of the community mental health teams gain and keep paid employment.

Their role will be to work with employers based on people's preferences to find paid employment and to offer in work support. They will develop partnerships with local services as well as local job centres. They will also seek to change many service users' low expectations of finding paid employment

Milton Keynes will be supported by CNWL's IPS team in London, which has over 14 years' experience of successfully delivering IPS service.



Jane Taylor, CNWL Community Mental Health Service Manager, said: “This is a really exciting opportunity for us and we’re pleased we will be able to offer it. “It will bring a specific depth of knowledge and support to our service users in the community, which up until now they have not had access to.

“The IPS employment model is internationally recognised as the most effective way to support people with mental health problems and/or addictions to gain and keep paid employment.

“A lot of our service users, particularly younger ones, would love to get back into work with support and this is what we will be able to offer them.”

As part of the Five Year Forward View for Mental Health, NHS England has committed to doubling access to IPS services nationally by 2020/21, enabling about 20,000 people who experience a severe mental illness (SMI) to find and retain employment.

CNWL successfully bid for funding from the BLMK (Bedford, Luton and Milton Keynes) ICS to make sure that the IPS model was expanded across the region. They will be working closely with their colleagues in Luton to recruit and train the new staff through a jointly run assessment centre and training package.

Have your say on the future of the NHS

Across BLMK local Healthwatch have launched a campaign called ‘#WhatWouldYouDo’, to engage with the public in shaping the delivery of the NHS Long Term Plan.

The engagement conducted by local Healthwatch will be in two phases – a general survey, and a condition specific survey covering all issues, plus three public engagement events in each area. These will be in the form of focus groups; one for the general public, and two further groups which will focus on two agreed areas – cancer and mental health. In total, nine focus groups will be held across the BLMK area. You can view the survey here.

A full report of the survey results and the feedback from the forums will be available in June.

Events



Primary Care Networks (PCN)

When: Wednesday 15th May - 10.00am to 4.00pm

Where: Rufus Centre, Steppingley Road, Flitwick, Beds, MK45 1AH



This one-day workshop is for BLMK PCN cluster leaders and core teams, BLMK commissioners and providers, and external interested parties who are involved in developing PCNs, and looking to: share practical issues, challenges and ideas, shape and test approaches.

The workshop will be delivered by BLMK ICS in partnership with the National Association of Primary Care. Funding will be available from the ICS to backfill for one GP or up to two administrative staff from each GP cluster.

Refreshments and lunch will be provided at the event. Places will be reserved on a first come, first served basis so to reserve a place please respond as soon as possible to sarah.forster@mkuh.nhs.uk. A full agenda will follow in the coming weeks.

Additional information:

BLMK formally introduced the Primary Care Home (PCH) model in 2018/19, a type of PCN, to provide clear underpinning principles and methodology for all those responsible for developing PCNs across the ICS. Since April 2018 BLMK has been working with the National Association of Primary Care to co-design, develop and test bespoke approaches and BLMK-specific methodology to build and embed PCNs and PCN ways of working. During the workshop PCNs across BLMK will share practical examples of the things they've done and what they've learnt along the way. Attendees will be invited to test and challenge approaches and help shape and adapt methodology to ensure it works for different populations and partner organisations across BLMK and beyond.

You will learn about the Primary Care Home approach to population health management and integrated, team-based working and how this can be applied to your local community, network, organisation and teams. You will learn about the strategic intent of the NHS Long Term Plan and the practical implications of the GP contract. Finally, there will be an opportunity to put these skills to the test, exploring a local issue and identifying the next steps for developing your PCN.

BLMK launches event to shape public engagement around the NHS Long Term Plan

Working with colleagues from NHS England, BLMK communications and engagement are running a special workshop to shape public engagement activity for the development of our five year plan. The event on the 13th May will be an opportunity to reflect on what we have achieved so far and how we build on this to develop a community engagement plan that will ensure local people have a chance to share their views.

The event is primarily aimed at communications and engagement professionals across BLMK along with those involved in patient experience and the voluntary sector.

If you are interested in attending please contact communications@mkuh.nhs.uk

Opportunity



The Cambridge Diabetes Education Programme

Healthcare employees in BLMK can now access a new online diabetes learning tool through The Cambridge Diabetes Education Programme (CDEP).

CDEP is a competency-based, online, diabetes learning tool that supports all levels of healthcare practitioners in demonstrating their diabetes knowledge and skills, relevant to their role. A variety of diabetes specific topics are available which currently amounts to 30 hours of diabetes study time. New content is developed on an ongoing basis and is launched once it has been rigorously tested. CDEP is based on the UK national diabetes competency frameworks. These frameworks help structure the nature and level of diabetes skills required by all healthcare staff which in turn, supports safer patient care, improved outcomes and a reduction in the financial burden of diabetes.

Endorsement / Accreditation

CDEP is accredited by the Royal College of Nursing (RCN), the Royal College of General Practitioners (RCGP), the Royal College of Midwives (RCM) and the College of Podiatry as well as endorsed by Diabetes UK, the Cambridge University Health Partners (CUHP) and the British Dietetics Association (BDA).

Ongoing CPD and revalidation

In addition to practitioners receiving certificates for topics completed, CDEP offers a reflection tool as well as a secure feedback portal to collect evidence of learning and apply it in practice for professional portfolios.

For more information about the programme see the enclosed flyer.

To keep up to date with latest news

Follow us at:  @BLMK_STP

www.blmkstp.co.uk

